



GFS Egg Salad, Vegetarian, Refrigerated, 5 Lb Each, 2/Case



Item Number: 130450



Chopped whole eggs, sweet relish, and fresh onions are tossed in a zesty mustard and onion dressing to create this quality egg salad, suitable for use as a side dish, snack, or sandwich filler.

- Fully prepared for ready-to-serve convenience
- Contains zero grams trans fat
- Vegetarian
- Dairy-free

2/Case

\$28.93
\$0.18/oz

QTY

Nutrition

Based On: AP Egg Salad, GFS Rounding: On

Ingredients

EGGS, SALAD DRESSING (Soybean Oil, High Fructose Corn Syrup, Water, Egg Yolks [Egg Yolks, Salt], Distilled Vinegar, Mustard (Distilled Vinegar, Mustard Seed, Salt, Spices), Salt, Modified Wheat Starch, Guar Gum, Citric Acid, Xanthan Gum), RELISH (Pickles, Corn Syrup, Distilled Vinegar, Water, Salt, Red Peppers, Xanthan Gum, Natural Flavors, Calcium Chloride, Polysorbate 80, Sodium Benzoate, Color [Yellow 5]), CRACKER MEAL (Bleached Wheat Flour), SUGAR, LESS THAN 2% OF ONIONS, MUSTARD (Vinegar, Mustard Seed, Salt, Turmeric, Spices), DISTILLED VINEGAR, SALT, GLUCONO DELTA LACTONE, XANTHAN GUM, SORBIC ACID, SPICES, SODIUM BENZOATE (To Retard Spoilage), ONION POWDER, GARLIC POWDER. COMMON ALLERGENS PRESENT: Egg, Wheat. Nutrition and Ingredient statement updated May 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.5 cup (100g)	
Amount Per Serving	
Calories 220	Calories From Fat 144
% Daily Value *	
Fat 16g	25%
Saturated Fat3.5g	18%
Trans Fat0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 1315mg	105%
Sodium 630mg	26%
Potassium	n/a
Carbohydrates 9g	3%
Fiber0g	n/a
Sugar6g	
Protein 9g	18%
Vitamin A IU 8% Vitamin C 0% Calcium 4% Iron 6%	
* Based on a 2000 calories diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	400 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	40 mg
Iron	1.08 mg
Manganese	n/a
Iodine	n/a

Additional Images